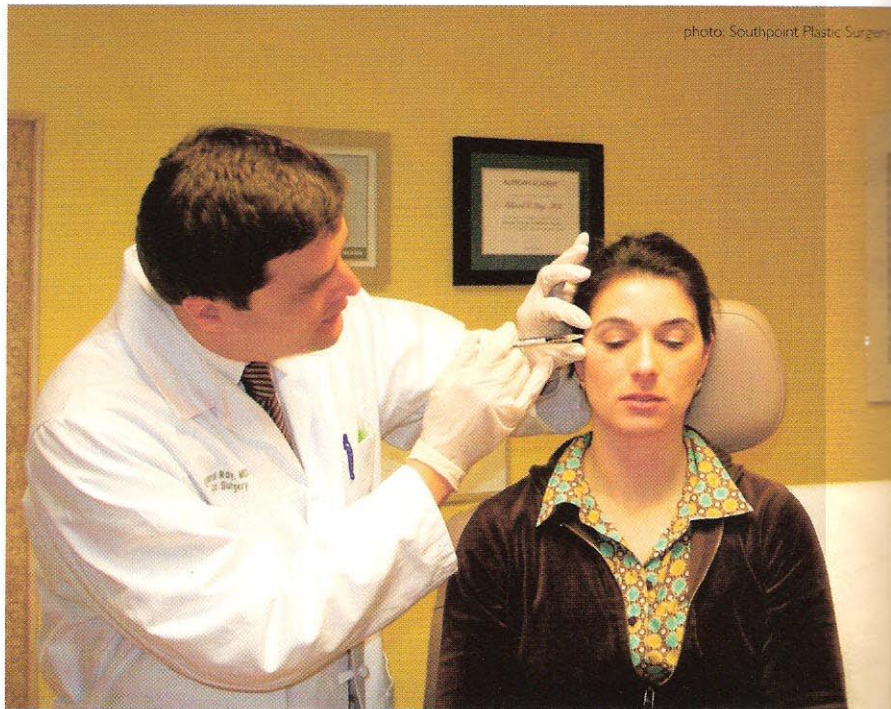


Medical practices such as Southpoint Plastic Surgery in Durham administer deep phenol peels in a physician-supervised environment to improve pigmentation and scarring issues, and the associated risks are explained before any procedure.

"The deeper the peel, the longer the recovery time," says Dr. Edward Ray, founder of Southpoint Plastic Surgery and a board-certified plastic surgeon.

"Some peels carry medical risks if not used properly and should only be performed by experienced practitioners."

Whereas peels involve crust-and-blister recovery, microdermabrasion more lightly exfoliates with minimal downtime. Imagined as softened sandblasting, microdermabrasion sprays the skin with high-velocity salt or aluminum oxide crystals, vacuuming away dead skin cells. The technique targets superficial skin problems such as fine lines, dullness, mild acne and aging spots.



Southpoint Plastic Surgery in Durham specializes in skin-rejuvenation procedures such as fat injections and deep chemical peels.